



rust in God

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As the last step in the 8 Laws of Health, N.E.W.S.T.A.R.T, Trust in God does not serve as the one with the least importance, rather the one that is necessary at the bottom to serve as the foundation that supports and dictates the effectiveness of all the other laws of health. Without a foundation firmly rooted in faith and trust in God, all human attempts at life and health will ultimately result in utter failure and despair.

"Jesus said unto him, *If thou canst believe, all things are possible to him that believeth.*" *Mark 9:23* Trust in God (Faith) combines humanity with divinity and bridges the human will to divine reality in Christ. Our only work is to have our will on the side of God's and he has promised that, "... *he which hath begun a good work in you will perform it until the day of Jesus Christ...*" *Philippians 1:6* "Faith is simple in its operation and powerful in its results. Many professed Christians, who have a knowledge of the Sacred Word and believe its truth, fail in the childlike trust that is essential to the religion of Jesus. They do not reach out with that peculiar touch that brings the virtue of healing to the soul." (Ferrell,2008) Yes, there is no science to belief, JUST BELIEVE and move forward claiming the promises, walking upright in the light of God!

"Faith is a mightier conqueror than death. If the sick can be led to fix their eyes in faith upon the Mighty Healer, we shall see wonderful results. It will bring life to the body and to the soul."--MH 62 (1905).

A lack of faith leads to doubt, fear, anxiety, depression, shame and stress. All of these feelings lead to a breaking down of the body's system. It is impossible for proper health to thrive in a body that is in a depressed, unhappy condition. The Bible confirms this in Proverbs 17:22, "*A merry heart doeth good like a medicine: but a broken spirit drieth the bones.*" Yes, again, that simple! No complex science involved.

"True faith means that we receive Christ as our personal Savior from sin." (Ferrell, 2008) Never feel that Christ is too far away, he is always nearer than we think, waiting to surround us with his loving presence. "Do not wait to feel that you are made whole. Believe the Savior's word. Put your will on the side of Christ. Will to serve Him, and in acting upon His word you will receive strength to obey His Moral Ten Commandment Law. Whatever may be the evil practice, the master passion which may bind both soul and body, Christ is able to deliver." Because of faith alone, deliverance was brought to the demoniac found in *Mark 5:1-20* and the woman with the issue of blood found in *Luke 8:40-49*. Take some time to read these accounts of healing due to nothing other than faith, simple faith-Trust in God! These accounts in the bible encourage me and I know they will encourage you!

References

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